What is claimed is:

15

- A wearable inhalation filter for a user to wear in her or his nostrils, comprising:
- a) two nose rings that are inserted into the nostrils;
- b) a bridge that connects the nose rings;

 wherein each of the nose rings comprises a filter

 assembly for filtering air being inhaled, and

 wherein the length of the bridge between the two

 nose rings is adjustable.
 - 2. The wearable inhalation filter of claim 1, wherein the filter assembly comprises a filter web, wherein the filter web comprises a physical filter layer that comprises a plurality of pores.
 - 3. The wearable inhalation filter of claim 2, wherein the filter web has a corrugated shape.
- 20 4. The wearable inhalation filter of claim 2, wherein the size of the pores is in a range from about four $(4)\mu \text{ to about twenty five (25) }\mu.$
- 5. The wearable inhalation filter of claim 4, wherein the size of the pores is about ten (10) μ .

- 6. The wearable inhalation filter of claim 2, wherein the filter web protrudes out of the nose ring.
- 5 7. The wearable inhalation filter of claim 6, wherein the filter webs for the two nose rings are integrated into a single filter web.
- 8. The wearable inhalation filter of claim 2, wherein the filter web wraps around the nose rings and the bridge.
- The wearable inhalation filter of claim 2, wherein the filter web further comprises a chemical filter layer.
 - 10. The wearable inhalation filter of claim 9, wherein the chemical filter layer comprises active carbon.
- 20 11. The wearable inhalation filter of claim 2, wherein the filter assembly further comprises a filter ring, wherein the filter ring holds the filter web, wherein the filter ring is detachably attached to the nose ring.

- 12. The wearable inhalation filter of claim 11, wherein the filter ring is received in a circular groove provided on the nose ring.
- 5 13. The wearable inhalation filter of claim 2, wherein the filter assembly further comprises one or more mesh layers that are adjacent to the filter web.
- 14. The wearable inhalation filter of claim 13, wherein the mesh layers are plated with silver.
 - 15. The wearable inhalation filter of claim 1, wherein the bridge has two end connectors and a bridge body between the two end connectors, and wherein the end connector connects the bridge body to the nose ring.
 - 16. The wearable inhalation filter of claim 15, wherein the end connector is rotatably attached to the nose ring.

20

15

17. The wearable inhalation filter of claim 16, wherein the end connector can adjust its length between the nose ring and the bridge body.

Atty Docket: 1372.08

18. The wearable inhalation filter of claim 17, wherein the end connector comprises a plurality of circular teeth along the length of the end connector, wherein the nose ring comprises a hole and the hole comprises a circular projection, and wherein the two adjacent circular teeth of the end connector engage with the circular projection of the nose ring.

5

15

20

- 19. The wearable inhalation filter of claim 15, wherein
 10 the length of the bridge body is adjustable.
 - 20. The wearable inhalation filter of claim 19, wherein the bridge body comprises a first bar and a second bar, wherein the second bar comprises a slide hole into which the first bar can slide.
 - 21. The wearable inhalation filter of claim 20, wherein the first bar comprises a length adjusting projection, wherein the slide hole comprises a plurality of length adjusting holes, and wherein the length adjusting projection engages with one of the length adjusting holes.
- 22. The wearable inhalation filter of claim 1, wherein
 25 the nose ring is made of flexible material.

- 23. The wearable inhalation filter of claim 22, wherein the nose ring is made of silicone.
- 5 24. The wearable inhalation filter of claim 1, wherein the nose ring further comprises a plurality of breath holes.
- 25. The wearable inhalation filter of claim 1, further
 10 comprising two holding members that partially surround the nose rings.